

Routine of 1st MBBS- Foundation Course
Sri Krishna Medical College, Muzaffarpur(Bihar)

Sl No.	Week	Date		Day	Teacher Name	1:00pm-2:00pm	2:00pm-3:00pm	3:00pm-4:00pm	Teacher Name	4:00pm-5:00pm	
		Day	Day								
1	1 st week	16-08-2019	FRIDAY	1	PRINCIPAL	LUNCH	1A	1A		5C	
		17-08-2019	SATURDAY	2	Dr. Dinesh Sah (Asso.Prof) Department Of Pharmacology	LUNCH	1B	1B	Dr. Amit Kumar(Asso.Prof) Department Of Pharmacology	6A Computer Teacher Sport Teacher	
		18-08-2019	SUNDAY	HOLIDAY							
		19-08-2019	MONDAY	3	Dr. Chaman Ji(Prof.) Department Of Pharmacology	LUNCH	1C	1C	Dr. Gaurav(Tutor) Department Of Pharmacology	5C Computer Teacher	
		20-08-2019	TUESDAY	4	Dr. Tripti Sinha(Asst.Prof) Obs. Gynae	LUNCH	2F	5C	5C	Computer Teacher	6A Sport Teacher
		21-08-2019	WEDNESDAY	5	Dr. Sankar Dayal Singh(Asso.Prof) Department Of Pharmacology	LUNCH	1D	1D	1D	Dr. S.K Pathak(Asso.Prof) Department Of Pharmacology	6A Sport Teacher
2	2 nd week	22-08-2019	THURSDAY	6	Dr. Ramakant Prasad (Asso.Prof) Department Of Medicine	LUNCH	1E	1E	Dr. U.C Vidhyarthi(Asst.Prof) Department Of Pediatrics	6A Sport Teacher	
		23-08-2019	FRIDAY	HOLIDAY							
		24-08-2019	SATURDAY	1	Dr. Neera Kumari (Asso.Prof) Department Of Physiology	LUNCH	2B	2B	Dr. Krishna Kumar(Asso.Prof) Department Of Anthesia	5C Computer Teacher	
		25-08-2019	SUNDAY	HOLIDAY							
		26-08-2019	MONDAY	2	Dr. Bijay Bhardwaj Department Of Surgery	LUNCH	2A	2A	Dr. Sushant Kr. Sharma(Asso.Prof) Department Of Surgery	6A Sport Teacher	
		27-08-2019	TUESDAY	3	Dr. Shashi Sinha Department Of PSM	LUNCH	2C	2C	Dr. Ravindra Prasad (Asso.Prof) Department Of PSM	6B Yoga Teacher	
		28-08-2019	WEDNESDAY	4	Dr. Sanjiv Kumar (Tutor) Department Of PSM	LUNCH	2D	2D	Dr. Sudhir (Asst.Prof) Department Of PSM	6A Sport Teacher	
		29-08-2019	THURSDAY	5	Dr. Sudhir (Asst.Prof) Department Of PSM	LUNCH	2E	2E	Dr. Sanjiv Kumar (Tutor) Department Of PSM	6B Sport Teacher	
		30-08-2019	FRIDAY	6	Dr. Arti(Tutor) Department Of PSM	LUNCH	3A	5C	Computer Teacher	6A Sport Teacher	

3	31-08-2019	1	4A	Dr. Tripti Sinha(Asst.Prof) Department of Obst.Gynae	LUNCH	4A	4A	Dr. Dinesh Sah (Asso.Prof) Department Of Pharmacology	Sport Teacher 6A
	SATURDAY								
	01-09-2019	2	3B	Dr. Ravindra Prasad (Asso.Prof) Department Of PSM	LUNCH	4F	4F	Dr. Anita Sunil(Asso.Prof)Departme nt Of Biochemistry	6A Sport Teacher
	SUNDAY								
	02-09-2019	3	4C	Dr. Anjali Prasad Department of Anatomy	LUNCH	4C	4C	Dr. Tripti Sinhar(Asst.Prof) Department of Obst.Gynae	6A Sport Teacher
	MONDAY								
	03-09-2019	4	4D	Dr. Sankar Dayal Singh(Asso.Prof) Department Of Pharmacology	LUNCH	4D	4D	Dr. Dinesh Sah (Asso.Prof) Department Of Pharmacology	6A Sport Teacher
	TUESDAY								
	04-09-2019	5	4G	Dr. Indra Dev Singh(HOD) Department Of Psychiatry	LUNCH	4E	4E	Dr. Arun Kumar(Asso.Prof) Department of Ortho	6B Yoga Teacher
	WEDNESDAY								
	05-09-2019	6	4H	Dr. S.K Pathak(Asso.Prof) Department Of Pharmacology	LUNCH	4I	4I	Dr. Neera Kumari (Asso.Prof) Department Of Physiology	6B Yoga Teacher
	THURSDAY								
	06-09-2019	1	4J	Dr. Mukul N. Sinha(Asst.Prof) Department Of Medicine	LUNCH	5B	5B	Computer Teacher	4J Lecture
	FRIDAY								
07-09-2019	2	5A	Computer Teacher	LUNCH	5B	5B	Computer Teacher	6A Sport Teacher	
SATURDAY									
08-09-2019	3	5D	Computer Teacher	LUNCH	5B	5B	Computer Teacher	6A Sport Teacher	
SUNDAY									
09-09-2019	4	5D	Computer Teacher	LUNCH	5B	5B	Computer Teacher	6A Sport Teacher	
MONDAY									
10-09-2019	5	4F	Dr. Binod Kumar(HOD) Department of Anatomy	LUNCH	5C	5C	Computer Teacher	6A Sport Teacher	
TUESDAY									
11-09-2019	6	5A	Computer Teacher	LUNCH	5C	5C	Computer Teacher	6B Yoga Teacher	
WEDNESDAY									
12-09-2019									
THURSDAY									
13-09-2019									
FRIDAY									
14-09-2019									
SATURDAY									

HOLIDAY

HOLIDAY

HOLIDAY

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S.K. Medical College,
Muzaffarpur

Foundation Course Modules

1. Orientation Module Total hours: 30
 - 1A. Orientation Module: Introduction to institution / campus / facilities *Final*
 - 1B. Orientation Module: Role of doctors in the society
 - 1C. Orientation Module: History of Medicine and alternate systems
 - 1D. Orientation Module: IMG roles / overview MBBS curriculum
various career pathways
 - 1E. Orientation Module : Principles of family practice
2. Skills Module: Total hours: 35
 - 2A. Skills Module: First Aid
 - 2B. Skills Module: BLS
 - 2C. Skills Module: Universal precautions
 - 2D. Skills Module: Waste management
 - 2E. Skills Module: Immunization
 - 2F. Skills Module: Documentation
3. Community orientation module Total hours: 8
 - 3A. Community Orientation Module: National Health goals and policies/ health
Care systems/ community health
 - 3B. Community Orientation Module: Interactions with patients and
families, Communities.
4. Professional Development and Ethics Module (P&E) Total hours: 40
 - 4A. (P&E): Concept of Professionalism and Ethics
 - 4B. (P&E): White coat Ceremony
 - 4C. (P&E): Professional behaviour and altruistic behaviour
 - 4D. (P&E): Working in a health care team
 - 4E. (P&E): Disability competencies
 - 4F. (P&E): Cultural competence
 - 4G. (P&E): Stress management
 - 4H. (P&E): Time management
 - 4I. (P&E): Interpersonal relationship
 - 4J. (P&E): Learning
5. Enhancement of Language and Computer Skills Module Total hours: 40
 - 5A. Enhancement of Language and Computer Skills Module:
Communication
 - 5B. Enhancement of Language and Computer Skills Module: Local
Language training
 - 5C. Enhancement of Language and Computer Skills Module: English
Language training
 - 5D. Enhancement of Language and Computer Skills Module:
Computer Skills training
6. Sports and extracurricular activities: Total hours: 22

Sports should be for a mandatory 4 hours per week and extra-curricular activities 2 hours per week, subject to a total of 22 hours.